



# Convict Trash



Run 1719 - 19 August 2019

Hare - Rabbit

**Hareline:**

<b>1720</b>	<b>26 Aug 19</b>	<b>Short n Curly</b>	Matrville Hotel, Cnr Bunnerong Road and Perry Road, Matrville
<b>1721</b>	<b>2 Sep 19</b>	<b>Sir Les</b>	Union Place Hotel, 34 Railway Cres, Jannali
<b>1722</b>	<b>9 Sep 19</b>	<b>Tickle</b>	Erskineville Hotel, 102 Erskineville Rd, Erskineville
<b>1723</b>	<b>16 Sep 19</b>	<b>Dirty Weekend</b>	TBA

Rabbit returned to Rockdale – which is hash heartland for our club. The run must have brought back sad memories of DNF and the runs that he set from there.

**Check the Web Page:** <https://www.botanybayh3.com/>

Position	Hash name	Known as	E-mail
Grand Master	Sir Les	Barry Kerwand	estimating@flick-anticimex.com.au
Religious Advisor	Hannibal Lector	Paul Henderson	paulhenderson1812@gmail.com
Trail Master	Tickle	Carolyn Davies	caro8@optusnet.com.au
Hash Scribe	Goon	Rod Eckels	rod@slekce.com
Hash Cash	Merkin	Stuart Bush	merkin892@gmail.com
Bucket Master	Queen Rodent	John Wilks	jonwilks13@gmail.com
Hash Rags	Goldmark	Deborah Griffin	deborahgriffin58@hotmail.com

**WE SEEK HARES !!**

Still great opportunities for hares – for runs in September and October – enjoy the fun of setting a run!

**Thanks – Dish !!**

This week we should all thank Dish for diligently reporting on the important, critical circle information for the trash (equivalent to Hash Hansard). Thanks Dish !

## **Run 1719 – Rabbit – St.George Tavern**

Due to high winds at Sydney Airport, a run report wasn't available this week. If the winds had not been so high, planes would have been allowed to take off and land at Lord Howe Island. This made it impossible for your TM and trail reporter to return from said Island on Monday and mark of trail and crate a report. Blame the wind

Meanwhile – thanks to all who took control to make the run the success it obviously was!

### **CIRCLE UP!!**

Once again Hannibal has exposed the wonders of some of the trails that we are lucky enough to run. Why travel to Monaco, or Cairo, or Buenos Aires, when you could Hash in one of the “diamonds” nestled in Sydney’s inner southern suburbs ! - Thanks Hannibal!

Rockdale has everything and would be considered to be in the top 5 suburbs in Sydney.

Rockdale is located 13 kilometres south of the [Sydney central business district](#).

To visit the beach is an easy walk.

It is within staggering distance of the Kogarah Tavern.

Rockdale has a mixture of residential, commercial and light industrial areas. King Street has developed into a cosy strip of cafes and grocery shops. Commercial developments run along the length of the parts of Bay Street and West Botany Street. The light industrial areas are located around West Botany Street.

[Rockdale Plaza](#), which opened in 1997, is a medium-sized shopping centre located on Princes Highway. It was built on the site of the previous, smaller Southside Plaza complex in 1963.

[Rockdale Town Hall](#) and the St George Tavern are examples of some of the [Art Deco](#) architecture in the area.

Rockdale has a diverse population.

Rockdale is a wonderful transport hub with the [The Princes Highway](#), West Botany Street and Bay Street being top routes. Rockdale is on the [Illawarra line](#) of the [Sydney Trains](#) network. Rockdale is a major bus interchange allowing thousands of people to visit everyday.

You would have to be insane not to love Rockdale.

On On HL

### **CIRCLE RUN REPORTER- Bingo**

\*so cold all she wanted to do was get to the bucket and eat dinner

\*very suburban run/fast run

\* Rabbit has gone into competition with the Water Board in drawing arrows on the footpath - pick an arrow run

\*Sir Les chipped in with “not bad for a Shelia”

SCORE -8.7

## **VISITORS**

Sandra Dee (who said she had brought the cold weather with her to share with us and had needed to catch up with Slops on a Friday night at the Kogarah Tavern)

## **PRICK AWARD**

\*Sir Les - for his “not bad for a Shelia” comment and for dressing in camouflage at the bucket

\*Cannon for sitting on a blue plastic milk create at the bucket

## **PRICKETTE AWARD**

\* Rabbit - missed a bit something to do about running around with a dildo

\*Taxing -as she stopped to find a \$2 coin she dropped on the run

\*Sandra Dee - she found Slops and the Tavern exciting

Winners !! - PRICK - Sir Les, PRICKETTE -Taxing

## **Runs and Events of Note :**

4 – 7 October Long weekend	B2H3 Bathurst Pub Crawl	Details Below	Sandra Dee and Peter – see details below
Saturday 12 October	AGPU – Woollooware Golf Club	6:30pm	Details below
10 Nov 2019	Bloody Long Walk	Malabar to the Rocks	Rabbit

## **JOIN RABBIT ON THE BLOODY LONG WALK**

SUNDAY 10<sup>TH</sup> NOVEMBER 2019

35K WALK FROM PIONEER PARK MALABAR TO HICKSON ROAD RESERVE, THE ROCKS TO RAISE FUNDS AND AWARENESS FOR MITOCHONDRIAL DISEASE.

Mitochondrial disease (mito) is a debilitating genetic disorder that robs the body's cells of energy, causing multiple organ dysfunction or failure and potentially death. The harsh facts:

- Mito affects 1 in 5000 people, making it the second most commonly diagnosed, serious genetic disease after cystic fibrosis
- One in 200 people, or more than 120,000 Australians, may carry genetic mutations that put them at risk for developing mito or other related symptoms such as diabetes, deafness or seizures during their lifetimes
- There are many forms of mitochondrial disease; it is highly complex and can affect anyone of any age
- There are no cures and few effective treatment

This is why The Bloody Long Walk is so important. Not only does the event raise awareness of this debilitating disease, it also raises vital funds to enable much-needed

support to patients and their families and essential research into the prevention, diagnosis, treatment and cure of mitochondrial disorders.

IT WOULD BE GREAT TO HAVE SOME COMPANY ON THIS WALK SO IF YOU ARE INTERESTED IN THIS CHALLENGE PLEASE LET ME KNOW.

FOR FURTHER INFORMATION, JUST GOOGLE THE BLOODY LONG WALK & CLICK ON THE SYDNEY EAST WALK.

### **LAUGHS FOR THE DAY :)**

#### The Anniversary Gift

Brian, a loving husband, was in trouble. He forgot his 47th wedding anniversary and his wife was really ticked off at him. She told him, "tomorrow morning, I expect to find a gift in the driveway that goes from 0 to 100 in under 4 seconds, AND IT BETTER BE THERE."

The next morning, Brian got up really early before work. When his wife woke up a couple of hours later, she looked out the window, and sure enough, there was a small gift-wrapped box sitting in the middle of the driveway. Confused, the wife put on her robe, ran out to the driveway, and took the box into the house. She opened it, and found a brand new bathroom scale.

Brian is not yet well enough to have visitors....

*Dear Miriam,* **LETTER OF THE DAY**

**The other day I set off for work, leaving my husband in the house watching the TV as usual.**

I hadn't gone a hundred yards down the road when my engine conked out and the car juddered to a halt. I walked back home to get my husband's help. When I got home I found him in the bedroom. I couldn't believe my eyes. He was parading in front of the wardrobe mirror dressed in my underwear and high heel shoes, and he was wearing my make up.

I am 32, my husband is 34 and we have been married for 12 years. When I confronted him, he tried to make out that he had dressed up in my lingerie because couldn't find any of his own underwear. But when I asked him about the make up, he broke down and admitted that he has been wearing my clothes for six months. I told him it had to stop, or I would leave him.

He was made redundant from his job six months ago, and he says he has been feeling increasingly depressed and worthless. I love him very much, but ever since I gave him the ultimatum, he has become increasingly distant, and I don't feel I can get through to him any more. Please can you help?

*Mrs B, Essex*

*Miriam says...* A car stalling after being driven a short distance can be caused by a variety of faults in the engine. Start by checking that there is no debris in the fuel line. If it is clear, check the jubilee clips holding the vacuum pipes onto the inlet manifold. If none of these approaches solves the problem, it could be that the fuel pump itself is faulty, causing low delivery pressure to the carburettor float chamber.

**MIRIAM'S ADVICE LINES 0898 100--**

*Engine misfires and husband addicted to porn* -01



Note from Loaner – on his flight back from Tamworth.  
Hi all- As I was flying over the Kogarah Tavern the other day, I thought I would send you best greetings – nothing changed here!  
Cheers, Loaner

### Heard in the Circle

1. My husband and I divorced over religious differences. He thought he was God and I didn't.
2. Some people are alive only because it's illegal to kill them.
3. Don't take life too seriously; No one gets out alive.
4. Beauty is in the eye of the beer holder.
5. I'm not a complete idiot -- Some parts are just missing.
6. God must love stupid people; He made so many.
7. The gene pool could use a little chlorine.
8. Consciousness: That annoying time between naps.
9. Ever stop to think, and forget to start again?
10. Being "over the hill" is much better than being under it!
11. Procrastinate Now!
12. Stupidity is not a handicap. Park elsewhere!
13. They call it PMS because Mad Cow Disease was already taken.
14. He who dies with the most toys is nonetheless DEAD.
15. A picture is worth a thousand words, but it uses up three thousand times the memory.
16. Ham and eggs...A day's work for a chicken, a lifetime commitment for a pig.
17. The original point and click interface was a Smith & Wesson.
18. I smile because I don't have a clue what the heck is going on.





**BATHURST PUB CRAWL – OCTOBER  
LONG WEEKEND  
FRI 4 OCTOBER - MONDAY 7 OCTOBER**

<b>FRIDAY NIGHT 4 OCTOBER</b>	<b>STAYING OVERNIGHT AT THE METROPOLE HOTEL AT KATOOMBA. THIS IS ON THE CORNER OF GANG GANG ST &amp; LURLINE ST JUST OPPOSITE KATOOMBA RAILWAY STATION. PLEASE MAKE YOUR OWN RESERVATIONS (PHONE 02 4782 5544). THE PLAN FOR DINNER IS TAKEAWAY PIZZA</b>
<b>SATURDAY MORNING 5 OCTOBER AT 9:30AM</b>	<b>DRIVE TO BATHURST WHICH TAKES APPROXIMATELY 1.5 HOURS</b>
<b>ACCOMODATION OPTIONS IN BATHURST</b>	<p><b><u>CHEZ PETERRR &amp; SANDRADEE'S HOUSE</u></b>  <b>THEY HAVE ONE DOUBLE BEDROOM, 1 SOFA BED FOR 1 AND ROOM FOR 1 OR POSSIBLY 2 TENTS (NB THEY ONLY HAVE ONE BATHROOM/ LOO). FIRST IN BEST DRESSED, SO PLEASE CONTACT DEE NOW FOR AVAILABILITY</b></p> <p><b><u>COUNTRY LODGE MOTOR INN- WILLIAM STREET. TEL: 6331 4888</u></b>  <b>ROOMS AVAILABLE FOR SATURDAY 5TH SUNDAY 6TH TWINS \$ 120 WITH ENSUITE PER NIGHT, DOUBLES \$ 129 ENSUITE PER NIGHT</b></p> <p><b><u>QUALITY HOTEL BATHURST, BRILLIANT STREET TEL: 6332 1800</u></b>  <b>ROOMS AVAILABLE WITH ENSUITE FROM \$ 125 PER NIGHT</b></p> <p><b><u>FAMILY HOTEL ( PUB) RUSSEL STREET TEL: 6331 1353</u></b>  <b>ROOMS AVAILABLE DOUBLES \$ 70 PER NIGHT / TRIPLE 110 PER NIGHT SHARED BATHROOM</b></p>
<b>PUB CRAWL STARTING AT 12:00 - PETERR AND SANDRA DEE TO CONFIRM DETAILS CLOSER TO THE TIME</b>	
<b>SUNDAY 6 OCTOBER</b>	<b>MORNING STROLL AROUND MOUNT PANORAMA THEN WATCHING THE GRAND FINAL AT A PUB</b>
<b>MONDAY 7 OCTOBER</b>	<b>NO SET PLANS - DRIVE HOME</b>

# AGPU 2019

## *Botany Bay Hash House Harriers*



**6.30PM Saturday 12 October**  
**Woolooware Golf Club**

**Dress: Come as something starting with same letter as your hash name**

