



Convict Trash



Run 1720 - 26 August 2019

Hare - Short n Curley

Hareline:

1721	2 Sep 19	Sir Les	Meet at the Car Park at Jannali Pub (, 34 Railway Cres, Jannali). The On On Venue will be somewhere near there !! (announced at the circle)
1722	9 Sep 19	Tickle	Erskineville Hotel, 102 Erskineville Rd, Erskineville
1723	16 Sep 19	Dirty Weekend	TBA
1724	23 Sep 19	TBA	TBA

Please read the late mail on Rabbit's run last week – which arrived after printing deadlines closed !!

This week Short n Curley assembled a committee to set a run around the seldom-visited suburb of Matrville – and what a delight it was. Not only did we re-discover find a great new Hash pub, we learnt about Drag Bingo at the RSL and grass lanes of Matrville.

It was “officially” Short n Curly's run, and she was going to be assisted by Goldmark. Goon agreed to print out some maps – and help “design” the run. On the day however, events conspired to change the plans. Short n Curly through a hip out and couldn't walk, the rain started to shower on and off, Goldmark recruited Dish to help with setting, Goon also offer to help set. So it was a run set by committee! Thanks to all those that helped and participated – Goldmark, Dish and Goon.

Read on – as this week Trash will introduce “Trail Setter Tools”. This is the first in a series of articles that provide a Step-By Step guide for setting a run.

Check the Web Page: <https://www.botanybayh3.com/>

Position	Hash name	Known as	E-mail
Grand Master	Sir Les	Barry Kerwand	estimating@flick-anticimex.com.au
Religious Advisor	Hannibal Lector	Paul Henderson	paulhenderson1812@gmail.com
Trail Master	Tickle	Carolyn Davies	caro8@optusnet.com.au
Hash Scribe	Goon	Rod Eckels	rod@slekce.com
Hash Cash	Merkin	Stuart Bush	merkin892@gmail.com
Bucket Master	Queen Rodent	John Wilks	jonwilks13@gmail.com
Hash Rags	Goldmark	Deborah Griffin	deborahgriffin58@hotmail.com

WE SEEK HARES !! - Still great opportunities for hares – for runs in September and October – enjoy the fun of setting a run!

Run 1719 – Rabbit – St.George Tavern – Late Mail !!

After volunteering to TM the trail I was a little worried that I was going to miss the start but a parking space was quickly found and I arrived at the St George Tavern with enough time to order food & receive Rabbits awesome map (hand drawn, colour coded & attached for all to see)!!

The first third of the run was full of tricky on backs that had the runners & walkers getting in each other's way, at the station steps I almost confused Hannibal, Dish & Stopcock for tour guides leading the walkers on a historical tour of Rockdale..

The runners then found some rhythm and the pack established itself and was quickly dubbed the magnificent 7 as I did a quick head count after every check & on back.. Dundee was denying he had a cold but it was evident & the pack gave him a wide berth, Bingo is continuing her pre Sutherland to Surf form and lead the pack down every on back, whilst Joker applied for and was given the position of sweeper..

After 45 minutes the bucket was found and the runners enjoyed the rare joy of opening the bucket before the walkers were in!!!

Great run - I think it was awarded 8.7 and could have been higher without complaint!!



Run 1720 – Short n Curley – Matraville – 32 stitches run

Some weeks it seems the odds are against a B2H3 run getting off the ground (it was near the airport)...with the hare Short'n'Curly injured (and having to call in her support committee) and rain turning on and off all day.....

But the run got set and the rain stayed away.....

Out of the lulling warmth of the hotel at the stroke of 6.30 to the first traffic light where it took **Dundee** a few lost moments to realise that he had not run against the light.....

Walkers **Doc, Stopcock, Rabbit, Bower Bird, Hannibal** and late-arriving **Moa** ventured forth around the streets of Matraville and surrounding districts.....

Meanwhile the runners dutifully did the first on-back of the night (I won't list them all for you...you can relax). Then along Australia Ave and **Scotch Mist** was calling for 'something' to happen (she was indifferent as to whether it was an on-back or check).

Sir Les (650 runs young) tried to create a check where none was to be found...but it was not far to the real thing...and **Joker** celebrated his 500th run by correctly picking the direction off the check (a feat to be repeated once more that night).

A few twists and the first (of many) grassy walkway for the night before heading across Bunnernong Rd...and straight to an on-back that the TM thought no-one would do (where it was going?) but the combination of a little-known area and the darkness of the night meant all succumbed.....

Grewsome (after parking his precious cargo of the bucket) had joined the pack in time to pick the way at the next check. We headed into Chifley and the next multi-pronged check where **Cold Duck** and **Bingo** argued over who had the right to just stand at the check.....

A few more twists and on-backs kept the pack together...until Hurley Circuit where visitors **Ice Box** and **Hot Dick** were sure that the circuit would not take them anywhere but still joined the pack in going around the circle....

Through another laneway and a 'gotcha' on-back...to where we caught up with **Hellismellher** and **Doublebanger** (or maybe they caught up with us, using superior hashing skills, aided by a map of the trail in a photo on a phone.... and Doublebanger enjoyed (well, he seemed to) the buzz of running with the pack, even if only for while.....

We peaked at Pinnacle St before bumping into **Spini** and **Goon** taking a stroll backwards along the inward trail...in the footsteps of co-setters **Goldie** and **Dish** mere hours before.....

Meanwhile **Dundee** was bumping (although judging by the war wounds, it was more than a gentle bump) into a fence in his eagerness to get to the bucket (hope you are back with the pack soon, Dundee).

And we streamed into the carpark of the bowling club where **Cannon** had already positioned his chair next to the bucket....

ON ON

Tickle

CIRCLE UP!!

Hannibal captivated us, once again, with some titbits of “local knowledge” that help us know more than anyone else, and allow us the opportunity to big-note ourselves in the local pubs. Who knows when one day will be asked a Trivial Pursuit question about “the Sucko” at Matraville. - Thanks Hannibal!

Matraville is not as desirable as Rockdale but it does have 1 feature that Rockdale doesn't have. That is the Sucko.

No, the Sucko isn't the most popular lady that hangs around the Matraville Hotel.

Back in the day Matraville had the Bunnerong power station which for a time was the largest power station in the southern hemisphere.

The only remaining part of the Bunnerong power station is called 'the Sucko', due to the 'sucking' inlet valve for water to cool the power plant. The Sucko is at Yarra Bay and is now a popular swimming spot for kiddies and young families.

On On HL.

CIRCLE RUN REPORTER- Grewsome

Grewsome had the honour of providing the Circle report this week.

- He was somewhat confused by who was organising the run and observed that there were nearly more people setting the run than were on the run itself.
 - He read it was Short n Curlys run in the Trash
 - He was contacted by Goldmark as to where to park the Bucket
 - He was understood from a discussion with Goldmark that Dish was helping mark the trail.
 - When he got to the run – Goon told him that he had set it!
- He thought it was a good trail – that provided him a “Short-Cut” early to catch the pack
- He was surprised by the number of lanes that were found – that zigzagged all over the place and delighted by the new terrain
- He learnt on trail, that the run had been set by 2 parties – one starting out anti-clockwise in the forward direction of the run, and one starting out clockwise setting the incoming direction of the run, having to set their arrows backwards.
- Whatever happened, the pack stayed together – which indicated that it was either a well-set run, or the pack had no idea where they were, or that the front-runners were afraid of running by themselves in the dark.

Score awarded to the run set committee -8.5 (2.125 each)!!

VISITORS

Great to See Hot Dick and Ice Box back on a B2H3 run – we love visitors!!

The 32 Stitch Run





In a rush to get back to the Bucket, Dundee came unstuck and took a huge gash out of his leg. Just as well his old boy was tucked up – out of the way. Thankfully Bingo was able to take him straight to hospital and have the wound stitched. The lesson to us all is pay due respect when Short n Curley sets a run – they are not for the faint-hearted.



Thankfully – Dundee is OK and on the path to recovery. I'm sure it won't slow him down for long!

Badges

A couple of significant badges were awarded this week – congratulations Joker and Sir Les !! Many thanks for all your hard work over the years.

Joker - 500 	Sir Les - 650 
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PRICKETTE AWARD

- **Goldmark and Dish** – When asked whether they could set the in-trail from the end working backwards, they were wondering if they would have to walk backwards while they did it??

PRICK AWARD

- **Cold Duck** – For not being able to turn on Dundee's torch in a time of crisis. He fiddles and farted about for ages, before Hellismeller jumped in and created illumination in about 3 seconds flat.

Winners !! – Goldmark & Cold Duck

Trail Setter Tools - Step 1 - Find a Venue

Setting a Hash run is a great honour – and you should be proud to be involved in this noble activity. This guideline is to help with some of critical steps in setting a run

1. Find a venue

As a general guideline, it is good to set bush runs in summer (where we can see where we are going) and street runs in Winter.

Getting a suitable venue is the first critical step. A general observation is :

- There are a range of venues – some better than others.
- There is a tendency for some trail setter to use the “tried and true” venues (as it is easy) but Hashers love new venues and to discover new areas.

What makes a good venue?

- Open on Monday night
- Are not overwhelmed with 30-35 people dropping in for a meal. This is usually fine for larger Pubs and Clubs and some restaurants. Be a little careful if everything (order taking, cooking, and serving) is being done by one person.
- Has a dining area that is not already occupied by other Monday night Pub activities – eg Trivia, Karaoke etc
- Accessible – a place where we can all get to.
 - Easy parking available – Good place for a bucket.
 - Near Public Transport
- Please note however, that many great “Hash areas” are in inner city locations – where it may be very difficult to park. The aim here is to let the club know about these sort of issues, so that they can car-pool, catch public transport etc
- Has a suitable place for a bucket. Nearby the venue but “Private”
- Reasonable prices. Hashers are not after gourmet dinners – but love good value for money.

Tell them we are coming !

- Once you find a venue, drop in there and talk to the bar manager, or kitchen person and let them know we are coming. They like to know the group is coming so they can plan their staff and food availability.
- We don't need any special consideration (eg they do not need to form one big table, all food does not have to be served at once etc).

Runs and Events of Note :

4 – 7 October Long weekend	B2H3 Bathurst Pub Crawl	Details Below	Sandra Dee and Peter – see details below
Saturday 12 October	AGPU – Woolooware Golf Club	6:30pm	Details below
10 Nov 2019	Bloody Long Walk	Malabar to the Rocks	Rabbit

JOIN RABBIT ON THE BLOODY LONG WALK

SUNDAY 10TH NOVEMBER 2019

35K WALK FROM PIONEER PARK MALABAR TO HICKSON ROAD RESERVE, THE ROCKS TO RAISE FUNDS AND AWARENESS FOR MITOCHONDRIAL DISEASE.

Mitochondrial disease (mito) is a debilitating genetic disorder that robs the body's cells of energy, causing multiple organ dysfunction or failure and potentially death. The harsh facts:

- Mito affects 1 in 5000 people, making it the second most commonly diagnosed, serious genetic disease after cystic fibrosis
- One in 200 people, or more than 120,000 Australians, may carry genetic mutations that put them at risk for developing mito or other related symptoms such as diabetes, deafness or seizures during their lifetimes
- There are many forms of mitochondrial disease; it is highly complex and can affect anyone of any age
- There are no cures and few effective treatment

This is why The Bloody Long Walk is so important. Not only does the event raise awareness of this debilitating disease, it also raises vital funds to enable much-needed support to patients and their families and essential research into the prevention, diagnosis, treatment and cure of mitochondrial disorders.

IT WOULD BE GREAT TO HAVE SOME COMPANY ON THIS WALK SO IF YOU ARE INTERESTED IN THIS CHALLENGE PLEASE LET ME KNOW.

FOR FURTHER INFORMATION, JUST GOOGLE THE BLOODY LONG WALK & CLICK ON THE SYDNEY EAST WALK.

LAUGHS FOR THE DAY :)

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Interesting International News Flash!

Jacques Chirac, The French President, is sitting in his office when his telephone rings.

"Hallo, Mr. Chirac!" a heavily accented voice said. "This is Paddy Down at the Harp Pub in County Clare, Ireland. I am ringing to inform you that we are officially declaring war on you!"

"Well, Paddy," Chirac replied, "This is indeed important news! How big is your army?"

"Right now," says Paddy, after a moment's calculation, "there is meself, me Cousin Sean, me next door neighbour Seamus, and the entire darts team from the pub. That makes eight!"

Chirac paused. "I must tell you, Paddy, that I have 100,000 men in my army waiting to move on my command."

"Begoora!" says Paddy. "I'll have to ring you back." Sure enough, the next day, Paddy calls again. "Mr. Chirac, the war is still on. We have managed to get us some infantry equipment!"

"And what equipment would that be Paddy?" Chirac asks.

"Well, we have two combines, a bulldozer, and Murphy's farm tractor."

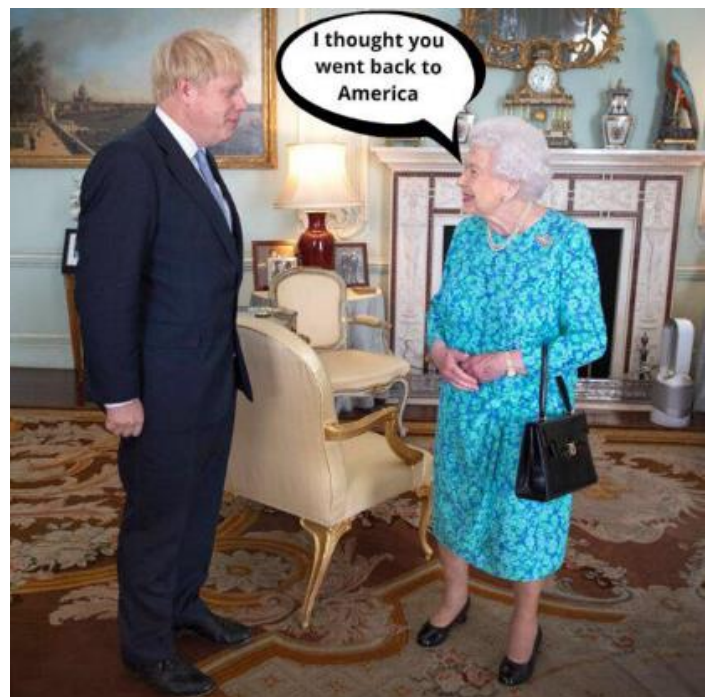
Chirac sighs amused. "I must tell you, Paddy, that I have 6,000 tanks and 5,000 armored personnel carriers. Also, I have increased my army to 150,000 since we last spoke."

"Saints preserve us!" says Paddy. "I'll have to get back to you." Sure enough, Paddy rings again the next day. "Mr. Chirac, the war is still on! We have managed to get ourselves airborne! We have modified Jackie McLaughlin's ultra-light with a couple of shotguns in the cockpit, and four boys from the Shamrock Bar have joined us as well!"

Chirac was silent for a minute and then cleared his throat. "I must tell you, Paddy, that I have 100 bombers and 200 fighter planes. My military bases are surrounded by laser-guided, surface-to-air missile sites. And since we last spoke, I have increased my army to 200,000!"

"Jesus, Mary, and Joseph!" says Paddy, "I will have to ring you back." Sure enough, Paddy calls again the next day. "Top o' the mornin', Mr. Chirac! I am sorry to inform you that we have had to call off the war."

"Really? I am sorry to hear that," says Chirac. "Why the sudden change of heart?" "Well," says Paddy, "we had a long chat over a few pints of Guinness, and decided there is no fookin' way we can feed 200,000 prisoners of war!"



THE TRUE CAUSE OF OBESITY

1. The Japanese eat very little fat and suffer fewer heart attacks than the British or Americans.
2. The Mexicans eat a lot of fat and also suffer fewer heart attacks than the British or Americans.
3. The Japanese drink very little red wine and suffer fewer heart attacks than the British or Americans.
4. The Italians drink excessive amounts of red wine and also suffer fewer heart attacks than the British and Americans.
5. The Germans drink a lot of beer and eat lots of sausages and fats and suffer fewer heart attacks than the British and Americans.

*Conclusion: Eat and drink what you like....
Speaking English is apparently what kills you!*



**BATHURST PUB CRAWL – OCTOBER
LONG WEEKEND
FRI 4 OCTOBER - MONDAY 7 OCTOBER**

<p>FRIDAY NIGHT 4 OCTOBER</p>	<p>STAYING OVERNIGHT AT THE METROPOLE HOTEL AT KATOOMBA. THIS IS ON THE CORNER OF GANG GANG ST & LURLINE ST JUST OPPOSITE KATOOMBA RAILWAY STATION. PLEASE MAKE YOUR OWN RESERVATIONS (PHONE 02 4782 5544). THE PLAN FOR DINNER IS TAKEAWAY PIZZA</p>
<p>SATURDAY MORNING 5 OCTOBER AT 9:30AM</p>	<p>DRIVE TO BATHURST WHICH TAKES APPROXIMATELY 1.5 HOURS</p>
<p>ACCOMODATION OPTIONS IN BATHURST</p>	<p><u>CHEZ PETERRR & SANDRADEE'S HOUSE</u> THEY HAVE ONE DOUBLE BEDROOM, 1 SOFA BED FOR 1 AND ROOM FOR 1 OR POSSIBLY 2 TENTS (NB THEY ONLY HAVE ONE BATHROOM/ LOO). FIRST IN BEST DRESSED, SO PLEASE CONTACT DEE NOW FOR AVAILABILITY</p>
<p>PUB CRAWL STARTING AT 12:00 - PETERR AND SANDRA DEE TO CONFIRM DETAILS CLOSER TO THE TIME</p>	<p><u>COUNTRY LODGE MOTOR INN- WILLIAM STREET. TEL: 6331 4888</u> ROOMS AVAILABLE FOR SATURDAY 5TH SUNDAY 6TH TWINS \$ 120 WITH ENSUITE PER NIGHT, DOUBLES \$ 129 ENSUITE PER NIGHT</p> <p><u>QUALITY HOTEL BATHURST, BRILLIANT STREET TEL: 6332 1800</u> ROOMS AVAILABLE WITH ENSUITE FROM \$ 125 PER NIGHT</p> <p><u>FAMILY HOTEL (PUB) RUSSEL STREET TEL: 6331 1353</u> ROOMS AVAILABLE DOUBLES \$ 70 PER NIGHT / TRIPLE 110 PER NIGHT SHARED BATHROOM</p>
<p>SUNDAY 6 OCTOBER</p>	<p>MORNING STROLL AROUND MOUNT PANORAMA THEN WATCHING THE GRAND FINAL AT A PUB</p>
<p>MONDAY 7 OCTOBER</p>	<p>NO SET PLANS - DRIVE HOME</p>

AGPU 2019

Botany Bay Hash House Harriers



6.30PM Saturday 12 October
Woolooware Golf Club

Dress: Come as something starting with same letter as your hash name

