



Botany Bay Hash House Harriers Convict Trash



Run: **1569**
 Date: **3rd. October 2016**
 Hare: **Sir Les**
 Location: **Brighton**

Hareline

<i>Run no.</i>	<i>Date</i>	<i>Hare</i>	<i>Run details</i>	<i>On In</i>
1570	10/10/16	Dundee	Old Fitzroy Hotel – 129 Dowling Street Woolloomooloo	Same
1571	17/10/16	Squatting Squaw	DoyTao Thai Restaurant 15 East Parade Sutherland	Same
1572	24/10/16			
1573	31/10/16	Nadger	Fauna Place Kirrawee	Same
1574	7/11/16	Venus	TBA	
1575	14/11/16	Top Bunk	TBA	
1576	21/11/16			
1577	28/11/16			
1578	3/12/16			
1579	10/12/16			

Run 1569

Run 1569 Sir Les's Bay or Park Tour.

Bay St was the start of our first day light saving run. Bingo was back in her role as time keeper by giving me the hurry up by pointing to her watch. Trail took us down Bay St to the edge of Botany Bay closer to our home name than we had been for awhile. Then we headed south to President Ave, with the trail master supplying the arrows. Along President & into Roslyn Ave & into a lane & into Wycombe Ave. Back onto Pres Ave crossing over at the lights on Crawford Rd & then into O'Connell to an on back in banks that no one found & headed south through Astheimer Res & out onto Chuter Ave to a check on Barton St. The pack were doing some mucking around because of the lack of arrows or flour that Bingo walking caught up. The pack was pointed west along Barton St over the creek bridge & then called back to head along the creek to the north side of the park & across to the western side & into the undergrowth & small amount of flour had been spotted at the beginning of the park. Out of the scrub & onto Civic Ave & this point Bingo was still with us, so while the pack headed down Marshall St Bingo headed down Civic St. Calling the pack back we caught Bingo at President Ave & crossed over & headed east down President & into Bicentennial Park another handful of flour was found & we headed to a path that took us out & onto Kings Rd & trail was found at Crawford Rd heading away from the bucket & was completely ignored & headed down Kings Rd & on to the bucket. A good run but poorly marked which kept the pack together. On on thanks for standing in when needed. QR.

Sir Les.

Circle Report

Hannibal began again by giving us a geography lesson, suggesting Brighton Le Sans (Brighton without sands) was located 13 kms from the city, we all stood enthralled. He didn't know the exact origin of the name except that it was abo for a place to stop for a beer on the way to the Shire, for which the mob sang up up Cronulla for the 10th time this evening.

It was originally called Lady Robinson's Beach & where some bloke called Samuel Cook (Jimmy's brother) used to spend all his leisure (read rooting) times & called it his leisure area. In 1885 the tram line was built to take his consorts from Rockdale to the beach & he decided to establish a racecourse in 1887 because he enjoyed riding animals.

In 1892 the Brighton pub lost its liquor licence when **Slops** decided to make it his local & the patronage degenerated dramatically, with **Holeproof** being installed as the local bike. There's also a statue erected for Spiros Lilly (don't know if that's how it's spelt) a hashman who used to run marathons with **Canon Mouth & Bower Bird**. Then he started rambling on about some other Spiros, who was a wrestler of some repute (very unusual for a wrestler) & Rugby League being a cruel mistress – no bloody idea - & gave **Duck** another drink, which led to the eleventh singing of the Shark's song.

Run Report

Run reporter, **QR** cause he forgot to ask anyone else & his TM duties were coming to an end & he likes to hear his own voice & he's sick of all the other RR's telling him he can't read maps etc. He suggested the map was accurate, which amazed everyone on the run as he sent us in the wrong direction half a dozen times & there were plenty of arrows & flour but he couldn't find any of them – arrows or flour – so he awarded the run five out of ten.

Visitors: - Cyril the Aardvark, Bren Gun, Doctor Hook, DNF & Sandra & Peter Dee.

Athletes: - None

Birthdays: - Dundee – 73 years & still upright – barely.

New Shoes: - None

Prickette and Prick nominations

Sir Les was nominated by **Pig** for not having any arrows or flour off the run where we spent most of our time.

Pig was nominated by **Holeproof** for bugged if I know but I think she ust wants to appear in the Trash every week..

Duck was nominated by **Rexy** for trying to kill off any chance the Sharks had in the Grand Final by attending the event but Andrew had other ideas & scored despite **Duck's** best efforts. Apparently there's no truth in the rumour that the Sharks players pooled their life savings to send him & his beautiful wife on a cruise to keep him away for the game. **Dirty** didn't want to go with him but the players insisted just to make sure he didn't return but he outwitted her by locking her in the bathroom & diving overboard to swim to shore.

Canookie was nominated by **Pig** for bugged if I know cause how could anyone nominate her as she's completely pure & beautiful.

Venus was nominated by **Spinifex** for telling her the aforementioned brother was staying with her & was a Storm supporter & saying if the Storm won he was going over the balcony.

Grenade was nominated by **QR** for turning left when she should've turned right or something but we all yawned cause he doesn't know his left from his right & was facing the car at the time so her left would've been his right, which was probably right.

Pricks – Duck & Venus

Jokes: - none

Dates for your Diary

<i>Date</i>	<i>Event</i>	<i>Details</i>
30/10/2016	7 Bridges Walk	Details to follow
19/2/17 to 26/2/17	Nash Hash- Ballarat, VIC	www.goldrushnashhash.com.au
14/9/18 to 16/9/18	Mother Hash 80 th . Anniversary – Kuala Lumpur	www.motherhash.com

Note from Cold Duck - "For those going to Nash Hash in Ballarat next February, some of us have booked a Hotel, if anyone else wants to stay there. It's Ballarat Lake Inn - www.lakeinnballarat.com.au, email info@lakeinn.com.au, or call, 03 5338 8344.

B2H3 Committee:

<i>Title</i>	<i>Hash name</i>	<i>AKA</i>	<i>Telephone</i>	<i>E-mail</i>
Grand Master	Goon	Rod Eckels	0416 812 054	rod@slekce.com
Grand Mattress	Goldmark	Deborah Griffin	0410 341 562	deborahgriffin58@hotmail.com
Religious Advisor	Hannibal Lector	Paul Henderson	0418 653 964	Paulhenderson1812@gmail.com
Trail Master	Queen Rodent	Jon Wilks	0408 962 428	
Hash Scribe	Dundee	John Coubrough	0413 833 319	johnacoubrough@gmail.com
Hash Cash	Moa Goa	Marilyn Harvey	0414 285 942	marilyn_harvey@hotmail.com
Bucket Master	Cold Duck	Brian East	0414 458 790	brianeast@optusnet.com.au
Hash Rags	Bowerbird	Elaine Bowers	9521 4157	Bowerbird@hotmail.com



Botany Bay

AGPU

2016

Scottish Theme

**Accommodation has been booked at the
Bundanoon Youth Hostel**

Friday 21st & Saturday 22nd October

Friday is arrive whenever after 2pm

Dinner will be at a nearby venue. Yet to be organised.

Saturday is open to wine taste, bush walk, bike ride, golf
or whatever takes your fancy

Saturday night will be our **AGPU**

Sunday – Recovery and a fabulous breakfast cooked by
your fabulous committee

RSVP: By 7th October is a must for catering purposes to
Moa Goa 0414285942 or Goldie 0410341562
Also see Moa to book for room & bed configurations

Cost for accommodation will be \$240 per room for the two nights. Some rooms can sleep
up to 6 people. So get a room and then work out individual rates.

Camping is \$15 pp per night, either in caravans, tents, campervans etc.
It is dormitory sleeping. Very clean and comfortable. Bedding is provided.

Bring your own towel and toiletries.

Saturday night AGPU and Sunday's breakfast is at no cost.



Bundanoon AGPU 2016

Bundanoon YHA is an Edwardian era guesthouse with sweeping veranda's for chilling on warm days, a crackling log fire in the lounge for when it's cold and green grassy grounds to lie on and watch the clouds go by. A very relaxed atmosphere makes it the perfect venue for our Botany Bay AGPU.

There is a well-equipped self-catering kitchen, including a big outside BBQ. There is a spacious dining room waiting for us and our dinner. Nine bedrooms sleeping up to 44. We are renting the whole YHA for the weekend. This gives us the whole house for exclusive use with a bonus late check out.

WHATS TO DO AROUND AND ABOUT BUNDANOON

Bundanoon is the gateway to the magnificent Morton National Park. With scenic lookouts over deep gullies and waterfalls, walks through rainforest and abundant wildlife, it has something to offer everyone. Not to be missed is an evening walk to the famous Glow Worm Glen. It is a must and it's free!!!

Stroll the village shops and cafes and take home jams and pickles from the local village markets. Play tennis or golf, swim in the community pool, visit the pub for some classic country ales or take away a pizza, fish and chips or a Chinese meal. Hire a mountain bike to explore the quiet country roads or extensive marked off road trails of Wingello State Forest.

Take a trip to local wineries, adventure at Bungonia or Wombeyan Caves, see historic villages of Berrima and Joadja. Absorb the natural majesty of Fitzroy Falls and the Illawarra Fly, a sensational tree top walk, or canoe on the Shoalhaven, Kangaroo and Wingecarribee rivers.

So much to see and so much to do.

SERVICES AVAILABLE

Mobile Phone - reception is OK depending on your provider.

Internet access - is available for guests during reception hours only. Free Wi-Fi available.

Games – Indoor and outdoor games available at reception. Ping Pong table and climbing wall.

Laundry – Washing machine, clothes line and dryer available. Hair dryer, iron and ironing board on request.

Walking Maps and information – available in foyer. Reception staff are full of local knowledge with access to extensive literature and maps to get you on your way.

Eftpos - facilities available at the YHA, Newsagent, bottle shop, Club and Pub.

80th Anniversary

Hash House Harriers (1938), Kuala Lumpur, Malaysia, is pleased to announce that it will be holding a celebration to observe its 80th Anniversary in September, 2018. Hashers from all corners of the hash diaspora bearing our name, or variations of it, are cordially invited to 'return' to the cradle – and the Eden - of hashdom, for a grand extravaganza in celebration of this momentous milestone. Participants will get to be a part of what is shaping up to be the largest congregation of hashers the world has ever known. Motherhash is ready to welcome you back to the origins; be transported back in time to where our hash forebears first germinated and gave birth to our very realm. Gispert and his band of trailblazing initiates of 1938 will be on hand, metaphorically, to welcome you back to our spiritual home, the HASH HOUSE. Yes, Motherhash's 80th Anniversary will conjunct with the unveiling of the resurrected HASH HOUSE, albeit by necessity in a different locality.

Be the fortunate first 1000 registrants, and pay only USD80.00 for the hashing experience of your lifetime! Registrations can be done online. Visit our website at: www.motherhash.com, and click on the link to our 80th Anniversary.

Please note that registrations are only accepted via our online registration portal as mentioned above, so please help out your friends who are not so IT savvy. We will not accept any hard copy or direct registrations. This 3 days event is open to ladies as well.

On On to the BIG 80th!!!

Hardy Boy Organising Secretary Motherhash's 80th Anniversary

Ps We strongly suggest, the real hashers register quickly before the Early Bird rate is all taken up – 518 at time of writing.

Dundee's Rant of The Week

I was reminded of Texas satirist Kinky Friedman's quote "I believe in gay marriage, why shouldn't they be as miserable as the rest of us?" (other quotes of his can be found in the web site). I was going to write something else but found below story.

Of even more interest is this on the use of Viagra, guaranteed to make some of our members wince:

After its first year on the market, research was presented at the Annual Scientific Session of the American College of Cardiology suggesting overuse of Viagra was the probable cause of 522 patient deaths.

Dr Sanjay Kaul said 'Our data appear to suggest that there's a relatively high number of deaths and adverse cardiovascular events associated with the use of Viagra. I want to emphasize that in no way are we trying to imply a cause-and-effect relationship.'

Some blokes just don't know when to stop.

According to Medical Daily: 'Men are likely to use the blue pills because sexual performance is a high priority for them, which can consequently lead them to abuse and overdoses.'

That is hardly earth-shattering news.

However, the side effects of abuse and overdose can lead to priapism, which is better left to Medical Daily to explain: '...an uncomfortable and disproportionately large erection that lasts for more than four hours. A prolonged erection can lead to permanent damage to the penile tissues.'

Anyway, the pain doesn't stop there. If the 'tent peg' stays up, surgery could be required to reduce the swelling. Hardly the outcome one expected when popping the pill.

The side (or if you like, front) effects don't stop there. According to the Mayo Clinic:

‘...Viagra is a drug that enhances nitric oxide, which is a vasodilator — it can lower blood pressure — too much can lead to an increased risk in cardiovascular difficulties from blood pressure fluctuations to heartbeat irregularities. Other common symptoms include blurry vision, sudden decrease in hearing or loss of hearing, accompanied by dizziness and ringing in the ears.’ So that the noted, continuing expansion of hashman deafness may not just be age.

Snickers’ Serious Scientific Summations

Snickers is investigating the increasing symptom known as Hashman deafness & questioning as to, when they mostly play with themselves, why do they need Viagra? Is it just for selfies to show on the internet?